

STEWARDSHIP FOR 2020

2020 budget \$613,032.84
Received Feb. 9, 2020 Budget 8,693.29
Received to date, Budget 70,619.69
Received Feb. 9, 2020 Bldg. 1,296.85
Received to date, Bldg. Fund 9,233.70

ATTENDANCE, FEB. 9, 2020

Sunday School.....83
Early Service.....40
11:00 AM Service.....128
Total Worship.....168



THE WINDOW

o f
FIRST UNITED METHODIST CHURCH

W est Point, Mississippi

Feb ruary 18, 2020

USHERS: Jay Wood Eugene Bailey E.C. Jones Bubba Atkins
Bob Wyman Jeff Hairston Bennie Hitt

SOUND TECH: Ray Purnell **LAY READER:** 8:45 AM Bill Maclean 11:00 AM Ralph Weems

WORSHIP COMMITTEE FOR FEB: Charlotte Messier & Rhonda Stafford

GREETERS FOR 2/16 - Sonny Jameson, Stanley Scott, Bruff Sanders, Luke DeSantis

CHILDREN'S CHURCH: Fred & Elizabeth Zepponi (2/16)
Youth (2/23)

PRAYER CHAIN: Norma Atkins
Remember in Prayer

In the Hospital

Jimmy Donahoo - NMMC, Tupelo #173
Jim Helveston - NMMC, WP #42
Foster Kennedy - Denver

At Home

Martha Bivens Liz Cook Boyce McNeece - Fulton
Sue Rushing Margaret Jolly
Gene Baldwin Laney Wooten

6th Sunday after the Epiphany
Sunday, February 16, 2020
8:45 & 11:00 AM
Deuteronomy 30:15-20
"The Heart of the Matter"
ANTHEM
"Come, Thou Fount of Every Blessing"

ONLINE GIVING QR CODE



Dugan **WP Living Center** **Trinity Place**
Martha Priest Tommy Miller Marguerite Breland
Bitsy Weaver
Geonette Pendley
Jennie Cantrell

The 11:00 AM worship Service is broadcast on WKBB 100.9 FM.

First United Methodist Church *Dated Material*
P. O. Box 293 *February 11, 2020*
West Point, MS 39773 **ADDRESS SERVICE REQUESTED**

U.S. POSTAGE
NON-PROFIT
WEST POINT, MS
PERMIT NO. 7

CHURCH STAFF

Rev. Dr. Darian Duckworth, 494-5133
Rachel Wood, Music Ministries, 494-2198
Gail Foote, Family Ministries, 494-2198
Kyle Chickvara, Youth & Children's Ministries, 494-2198
Julie Gray, Office Manager, 494-1658
Polly Grimes, Organist, 494-2198
Jace Ferraez, Pianist, 494-2198
Ron Crawford, Custodian
Paul Fowler, Building Superintendent
Georgia Graham, CDC Director, 494-6811

Yoga Theology: Waiting In a Small Space

Most mornings, between a walk and breakfast, I make my way to a small space and practice waiting. The small space is my yoga mat, and the practice of waiting begins with breathing. When I first started practicing yoga in college, I was self-conscious. I felt like others in the class were watching and judging my abilities. I was so focused on trying to get the poses right and on watching what others did that I missed out on one of yoga's main purposes of relaxation.

My feelings were very common among other first-time students, too. I am grateful to have had a teacher early on who addressed those fears directly. She said throughout the classes, "Focus on *your* body and *your* mat. All that matters is *your* body on *your* mat." Her words took root in my soul, and with time I associated yoga not with the big room full of people but with the small world of my individual mat. Then I extended the space to me, my mat, and God. It became a place of prayer where with every exhale I let go of the person or circumstance weighing me down, for there was not room for distraction on the mat. There is only room for the Lord. Yoga became not only a way to stretch my body but also a way to wait on Him.

I am looking forward to offering a Yahweh Yoga class with a theme of prayer during the Lenten season where we will wait together. We will meet on Thursday evenings at 6PM, beginning on February 27 and concluding on April 2. I invite you to sign up before then. The only physical requirement is that you have to be able to get up and down off the mat. While we'll have a limited number of mats available, we encourage you to bring your own if you want to participate. Every week will we have a specific prayer focus to keep us centered on the mat. I hope you will consider participating. If you are not physically comfortable with mat yoga, don't worry. We'll be offering a chair yoga series later this year.

May we all seek out those small spaces where there is only room for God, and in preparing the space, encounter him in a mighty way!

all good things to each of you,
Dr. Darian

Lectionary Texts for Sunday, February 16, 2020

Deuteronomy 30:15-20
Psalm 119:1-8
1 Corinthians 3:1-9
Matthew 5:21-37

New Baby... We congratulate Ashleigh and Kevin Flurry on the birth of their son, Wesley Emmett Flurry born on Monday, February 3, 2020. Welcoming baby Emmett home is big brother Elam and big sister Mary Michael.

What's Happening at

FUMC.....

ANGELS IN APRONS

Feb. 3 - Feb. 16 - Ethlyn Mortimer & Debbie Bond
Feb. 17-Mar. 1 - Ann McClellan & Janet Jameson

A Special Invitation

Charles Brand will be 90 years old on Monday, February 17th. His family is inviting everyone to drop in for cake and coffee on Saturday, February 15th from 1:00 until 3:00 p.m. Please put this special event on your calendars.

Ruth Weems Circle February Meeting - The Ruth Weems Circle will meet on Monday, February 17th at 6:00 p.m. at Jubilations Coffeehouse. We will study Chapter 1 in our new book *Yes, Lord, I Have Sinned, but I Have Several Excellent Excuses*. Luanne Purnell and Charlotte Portera will be the hostesses.

On the Road with the Lunch Bunch

We had a great group of fifteen ladies who met for lunch at Magnolias at the Ritz on Friday. Everyone enjoyed the fellowship. The next outing will be on Monday, April 3rd, and the time and place will be announced later.

Communion Offerings

A total of \$615.00 was collected for the Clay County Food Pantry during the February 2nd Communion. The March Communion offering will go to the United Methodist Committee on Relief (UMCOR). This organization works to alleviate human suffering around the world. The work includes projects for disaster response, health, sustainable agriculture, food security and relief supplies in more than 80 countries, including the United States. Please give generously to this organization.

Shrove Pancake Supper - The Shrove Pancake Supper will be held Tuesday, February 25th from 5:00-7:00 p.m. Bob Seitz will chair this event, and

he will be assisted by the Puerto Rico and Beautiful Feet Mission Teams. We are extremely fortunate this year to have entertainment provided by our church pianist Jace Ferraez. Donations will be collected which will be used to support the church's mission projects.



MUSIC NOTES

Hello Church Family! I hope you are having a wonderful time walking and talking with our Lord this week. It's been a trying week for me as my little girl developed hand, foot, and mouth and was very cranky. One night she just couldn't stop crying and I didn't know what to do. I was rocking her and loving on her but that wasn't working. I finally began to hum. I hummed a tune I've never heard before but it was what came out so I went with it. To my amazement, she stopped crying! I hummed that tune for 30 minutes before she finally fell asleep. The next day was also hard and she really didn't feel well. Every time she would get fussy, I would hum that tune. It always settled her down. I truly believe that God gave me what I needed to give to her. Psalm 40:3 says, "He put a new song in my mouth, a song of praise to our God; Many will see and fear and will trust in the Lord." It was definitely a new song and one that I did not want to sing, but it was what I needed to give to Helen. God gives us new songs for every season. There are MANY Bible verses about singing a NEW song. God gives us new songs for every season, even if they aren't fun to sing. Listen to what song the Lord is giving you now.

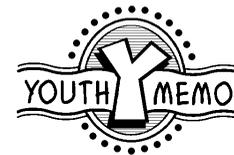
Rachel



We had our Father/Daughter dance this past weekend and it was a blast! Family is such an important element of our walk with Christ and one thing that I have loved most about my time in children's

ministry is getting to see the incredible families of this church support each other and come together to serve the Lord. Any church staff has such an important role in the ministry of children but I truly believe that ministry starts in the home so it was a cool experience to see some of the fathers in this church spending some quality time with their daughters.

Confirmation is also off to a great start! We had our confirmation retreat a week ago and our first confirmation session this past Sunday night. We spent some time leaning in to the mission of this church by going on a prayer walk around Sally Kate Winters Park, where we prayed for many of the different needs of our community and our church. I'm really excited to be a part of what God is doing in this group of confirmands!



This past Sunday, we finished up our Parables teaching series. Ray Purnell gave a teaching on the Parable of the Lost Son (Luke 15) and how it

parallels the story of God's redemptive work all throughout Scripture and continuing on today. God challenges us not only to repent of our sins and come back to Him (like the lost son), but also to love and accept those who are redeemed from their lives of sin (like the older son). Jesus' parables are so deeply meaningful and beautifully told.

Our ski trip is THIS weekend! We will be leaving on Friday at noon to head to Lake Junaluska, NC and will be coming back Monday evening. We have 17 kids going and we're all looking forward to a fun weekend of skiing and worship! Please join me in praying for a fun, safe, and spiritually nourishing weekend!

We will starting a new teaching series on The Practices of Jesus (sometimes called the spiritual disciplines) on Sunday, February 23!

CDC NEWS...

Be sure to stop by Blue Deer Candles, downtown West Point to purchase candles this Saturday, February 15 & Sunday, February 16. 45% of sales, excluding pottery, will go to the Child Development Center for the playground project.

CALENDAR OF EVENTS

February 12 - February 18

Wed.	11:30 AM	Christ @ Home Meal Ministry
	1:30 PM	Bridge Group
	4:15 PM	Youth Choir
	5:15 PM	Bell Choir
	5:30 PM	Supper for Children
	6:00 PM	Children's Choir/Activity
	6:00 PM	5th/6th Grade Group
	6:00 PM	Chancel Choir
Fri.		Youth Ski Trip to Lake Junaluska
Sat.		Youth Ski Trip
Sun.	8:45 AM	Early Worship
	9:45 AM	Sunday School
	11:00 AM	Worship Service
	4:00 PM	Puerto Rico team meeting
	4:00 PM	Confirmation
		No Youth
Mon.	2:30 PM	Methodist Purls
	6:00 PM	Ruth Weems Circle - Jubilations
	6:30 PM	Elizabeth Bailey Circle
Tues.	10:00 AM	Bible Study - FH
	10:00 AM	Staff Meeting